

## KINDERGARTEN READINESS GUIDELINES

Parents and families have an important role as their child's first teacher. Children learn at different rates and in different ways. These guidelines highlight some of the skills children need to be prepared for kindergarten. The list below suggests ways to work with your child to help him/her to be more ready for school.

<b><i>Social/Emotional</i></b>	<i>We are working on this</i>	<i>Yes, my child can do this</i>
1. My child can follow 2 step directions consistently and is learning to follow 3 step directions.		
2. My child can remember and follow routines. (ex. dinner, brush teeth, read bedtime story, go to bed.)		
3. My child can tell about his/her own feelings. (I feel happy, I am sad)		
4. My child can calm him/herself down when frustrated or upset.		
5. My child can use the bathroom independently.		
6. My child can wash his/her own hands.		
7. My child can put his/her own toys away, clean small spills, and picks up after him/herself.		
8. My child shares, takes turns, and helps others.		
9. My child adjusts to new people and situations.		
10. My child plays cooperatively with others.		
11. My child has the opportunity to play with other children his/her own age.		
<b><i>Language</i></b>	<i>We are working on this</i>	<i>Yes, my child can do this</i>
1. My child can use words to express his/her thoughts and needs.		
2. My child can name and describe objects in his/her world.		
3. My child uses new words every day.		
4. My child can speak clearly and is understood by most people.		
<b><i>Literacy</i></b>	<i>We are working on this</i>	<i>Yes, my child can do this</i>
1. My child can read and write his/her own name.		
2. My child knows if words start with the same sound. (ex. big, brown, bear)		
3. My child knows 5-10 rhymes or children's songs.		
4. My child can identify letters.		
5. My child recognizes and can name 10 upper case and 10 lower case letters.		
6. My child is familiar with parts of a book: cover, title, pages, words, etc.		
7. My child writes a story by drawing pictures or using letters.		
8. My child reads with an adult or listens to a story daily: he/she can talk about the story and tell about his/her favorite part.		

<b><i>Math</i></b>	<i>We are working on this</i>	<i>Yes, my child can do this</i>
1. My child can count 10-20 objects and point to each one when counting.		
2. My child can count out loud in order to 20.		
3. My child can use words such as more, less, same.		
4. My child can identify numbers to 10.		
5. My child can identify common shapes: circle, triangle, square, rectangle.		
6. My child can match and sort objects.		
7. My child uses measuring tools in play. (cups, spoons, rulers, scale)		
8. My child uses words to describe things by size, shape, color. (heavy, large, blue)		
<b><i>Personal Information</i></b>	<i>We are working on this</i>	<i>Yes, my child can do this</i>
1. My child knows his/her first name, last name, and parents' name.		
2. My child knows his/her address and phone number.		
3. My child can name 10 body parts. (hand, foot, knee, shoulder)		
4. My child knows his/her age and birthday.		